

# Aquatic Center Rules and Policies

Updated June 2022

All of our pools promote a friendly atmosphere. Enjoy your visit, but remember **you** are responsible for your safety. All guests must comply with the following rules:

- General admittance to the facility requires a CRC/AC membership or a daily fee
- Guests must obey all pool rules and follow the directions of lifeguards and staff at all times
- The AC is a smoke, tobacco and alcohol-free facility
- Guests must be at least 48" tall to ride the large slides and less than 48" tall to use the play structure
- Adults may accompany small children within the play structure
- Diving is only allowed in designated parts of the Competition Pool at the AC
- No running on the pool deck
- No dunking, sitting or standing on shoulders, rough play or throwing objects
- **Infants and children under 4 years of age:**
  - Parent or guardian must be in the water and within arm's reach of the child while they are in the water
  - Must wear a swim diaper and diaper liner under proper swimwear at all times in pool or water features
- **Youth 10-11 years:** Can be at the AC alone as long as a parent or guardian is somewhere in the facility
- **Youth 12 years and older:** Can be at the AC alone; parent or guardian does not need to be in the facility
- All swimmers must shower before entering the pool and wear proper swimwear (No Cotton). Showers are available outdoors.
- The Aquatics Center has lockers available, but you need to provide your own lock. We have locks available for sale for \$5.
- No lawn chairs or umbrellas should be brought (The Aquatics Center has chairs and umbrellas on site)
- All bags and personal belongings are subject to search upon entering the facility
- Portable music players and other electronic devices may only be used with headphones
- No water toys and floating objects permitted in the water
- Only Coast Guard approved lifejackets are allowed in the Instructional pool. Lifejackets are not allowed in the Competition pool. Swimwear with built-in lifejackets may be allowed on a case-by-case basis at the discretion of facility staff
- No animals except for service animals
- No inappropriate touching or extreme public displays of affection
- No clothing, signs, symbols, jewelry, tattoos or anything visible that conveys a message of hate, exclusion, intimidation, threat or violence
- No nudity or depictions of nudity
- The AC is not responsible for lost or stolen items
- Pool rules are subject to change
- Failure to follow this code of conduct may result in disciplinary actions, which may include immediate eviction from the premises, loss of privileges and suspension or termination of membership.
- Have fun and use the pool safely at your own risk.

**Aquatic Center Outside Food and Beverage Policy**

### **Food and beverages allowed in the facility**

- No food available for purchase.
- Snack foods, baby food, premade handheld food (no glass containers) may be brought into the facility.
- Non-alcoholic beverages (no glass) may also be brought into the facility.
- Small insulated, soft coolers (no hard-sided coolers) no larger than 12"x12"x12" are allowed.

### **Food and beverages NOT allowed in the facility**

- Food or beverages in glass containers
- Alcoholic beverages
- Large quantity food items or items that require preparation. These items may be enjoyed at the complementary picnic area outside the facility.
- Hard sided and Styrofoam coolers.
- Other food items that cause/may cause excessive trash, distraction or harm to the facility or its patrons, or are otherwise deemed as non-permissible by Aquatics Center Management (e.g. sunflower seeds).

### **Aquatic Center Cabana and Picnic Policies**

- Reservations are only for the time of Recreation Swim. No early admission for set up is permitted.
- There are no fridge/freezers to use for cabana or picnic rentals, please plan accordingly.
- Wagons may be used to bring things in but must be taken back to your car during the party.
- No taping/stapling decorations-nothing that could damage our facility.
- No balloons
- Cabana and Picnic areas must be cleaned and clear of items at the end of Recreation Swimming (4pm on weekdays and 5pm on weekends). Please factor this into your planning.

### **Aquatic Center Party Room Policies**

- Reservations are only for the time of Recreation Swim. No early admission for set up is permitted.
- The Party Room does include use of the fridge during your rental time only (items must be emptied after event).
- Wagons may be used to bring things in but must be taken back to your car during the party.
- No taping/stapling decorations-nothing that could damage our facility.
- Balloons are allowed inside the Party Room only.
- Party Room must be cleaned and clear of items at the end of Recreation Swimming (4pm on weekdays and 5pm on weekends). Please factor this into your planning.

More information on Cabana, Picnic and Party Room rentals is available on our [website](#).

## Slide Policies

- Jewelry Rules:
  - No dangling earrings (Studs and unremovable earrings okay)
  - No watches
  - No bracelets (Simple thread and medical bracelets okay)
  - No Large Rings (Please tape wedding ring/hold it.)
  - No long or large necklaces (small, simple necklaces can be taped)
  - Religious jewelry that can't be removed is okay. (Tape it and/or hold it while going down slide)
- No claw clips or big hairclips
- No goggles
- No hats
- No hats with drawstrings
- No water shoes or any shoes
- No sunglasses or glasses
  - Prescription Glasses are allowed. Patrons must remove glasses, place in one hand and cross both hands over their chest once they are seated in slide.
- No life jackets
- 300 pounds Weight Limit
- **HEIGHT CHECK**
  - The bar must stop while going over the child's head. Child will be given a wrist band if they exactly meet the height requirement.
- One participant at a time. Two or more people on one or both slides at the same time is prohibited
- No spinning
- No stopping ones with hands while going down
- No going backwards
- Only go down feet first, laying down or sitting up
- Patrons must stay behind red line at the top of the slide while waiting in line
- Patrons should exit through the stairs in a timely manner
- No patrons should be sitting on the exit stairs

## Competition Pool Specific Rules:

- Kids 9 years old and under must take a swim test to lap swim in Comp, unless they are on a splash team (have them name their coach to be sure)

- Swim test = 25-yard swim in freestyle, breast, or butterfly. No backstroke. They cannot doggy paddle.
- Next is a 30 second float or tread, don't pass if they are sinking or are struggling excessively.
- If they pass the swim test, a blue wristband will be given
- No lifejackets or flotation devices are allowed in comp
- Swimmers must be lap swimming, no playing around. (There is an area in the corner by the diving boards for playing.)
- Kids older than 10 who are not strong swimmers can still be given a swim test to confirm their swimming ability
- No getting on the blocks (only for splash team and coaches)
- Only safe, forward-facing jumps, diving allowed in deep lanes
- No hanging on lane lines
- General pool rules apply: no cotton, running etc.

#### **Diving Board Rules:**

- One at a time
- No flips or backward facing jumps at all
- Spinning is allowed as well as forward facing jumps
- Must exit right away
- No lifejackets
- No water shoes/other shoes
- To use diving board, you must be 10 years of age or older or have passed swim test