



CRC Indoor Pool Schedule

Effective January 21, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Pool Opens at 12:30pm	Lap Swim/ Play Area Open: 6am-9:55am (3 Lap Lanes Open)	Pool Opens at 1pm	Lap Swim/ Play Area Open: 6am-9:55am (3 Lap Lanes Open)	Pool Opens at 1pm	Lap Swim/ Play Area Open: 8:45am-11:30am (3 Lap Lanes Open)	Pool Opens at 9am	
Lap Swim/ Play Area Open: 12:30pm-4:30pm (3 Lap Lane Open)	Aqua Zumba 10am-10:55am (No Lap Lanes Open; Play Area Open)	Pool Closes at 10:55am Reopens at 4:15pm	Aqua Fitness 10am-10:55am (No Lap Lanes Open; Play Area Open)	Pool Closes at 10:55am Reopens at 4:15pm	Pool Closes at 11:30am Reopens at 4:15pm	Lap Swim/Swim Lessons Play Area 9am-12pm (1 Lap Lane Open)	
	Lap Swim/Swim Lessons Play Area Open: 4:15pm-6:40pm (1 Lap Lane Open)		Lap Swim/Swim Lessons Play Area Open: 4:15pm-6:40pm (1 Lap Lane Open)			Lap Swim/Swim Lessons Play Area Open: 4:15pm-6:40pm (1 Lap Lane Open)	Lap Swim/Swim Lessons Play Area Open: 4:15pm-6:40pm (1 Lap Lane Open)
	Aqua Fitness 6:45pm-7:40pm (No Lap Lanes Open; Play Area Open)	Lap Swim/ Play Area Open: 6:45pm-8pm (3 Lap Lanes Open)	Aqua Fitness 6:45pm-7:40pm (No Lap Lanes Open; Play Area Open)	Lap Swim/ Play Area Open: 6:45pm-8pm (3 Lap Lanes Open)	Lap Swim/ Play Area Open: 6:45pm-8pm (3 Lap Lanes Open)	Lap Swim/ Play Area Open: 4:15pm-7pm (3 Lap Lanes Open)	Lap Swim/ Play Area & Slide Open 12pm-4:30pm (3 Lap Lanes Open)

**Please note the CRC pool is not open all hours the CRC is open, please reference the above schedule for pool availability.*

Aqua Fitness: Youth 12+ are allowed and encouraged to workout in aqua fitness classes. No lap swimming is available during Aqua Fitness classes.

Lap Swim: The CRC pool has a maximum of 3, 20-yard lanes for lap swim use.

Play Area: The shallow water play area is available at designated times. It is 1 to 2.5 ft. deep with a play structure with slide. Children 3 and under are required to wear 3 layers (swim diaper, diaper cover and swimsuit). Play Area Water Features will remain off during Aqua Fitness and Swim Lesson Classes.

Slide: The large slide is only available on Saturdays from 12-4:30pm.

Swim Lessons: For more information on our swim lessons program visit www.mhreconline.com.

Outdoor Aquatic Center Pool Schedule is located [here!](#)