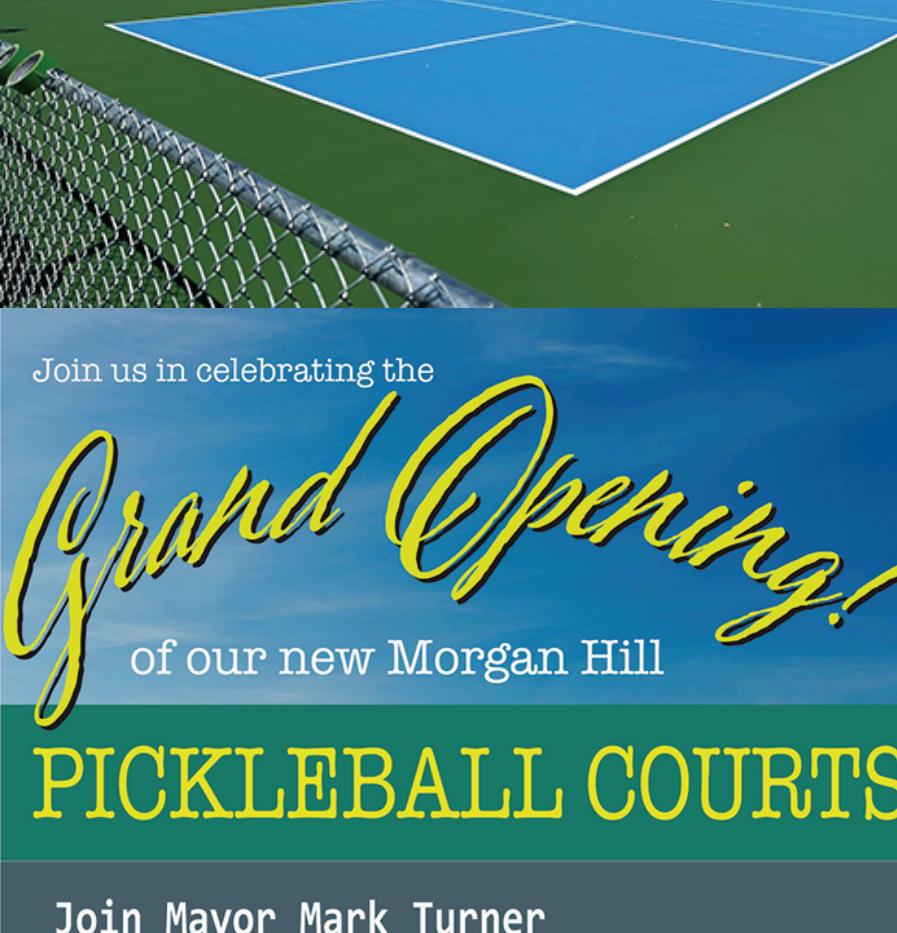


MORGAN HILL pickleball *Newsletter*



as he serves the ceremonial
first point on the new
courts!

Want to be one of the first
16 players to play on
September 7th?!

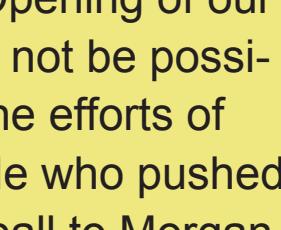
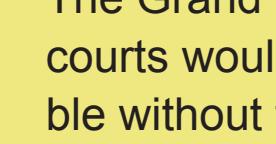
Sign up by emailing:
FirstPickleballGames@gmail.com

The image contains three distinct logos. On the left, the 'Morgan Hill Parks and Recreation' logo features a stylized sun icon above the text 'Morgan Hill Parks and Recreation'. In the center, the 'Morgan Hill Pickleball' logo features a yellow pickleball with the words 'MORGAN HILL' above it and 'Pickleball' below it, all set against a black and white background. On the right, the 'CITY OF MORGAN HILL' logo features a green circular design with a mountain and water motif, with the city name in white text below it.

nate for women's doubles is
be Chris Torres and Kevin Tu.
All will be wearing our Morgan
would not be possible without
Bess, Susan, Sherry, Georgia

Chris Ghione. See stories by

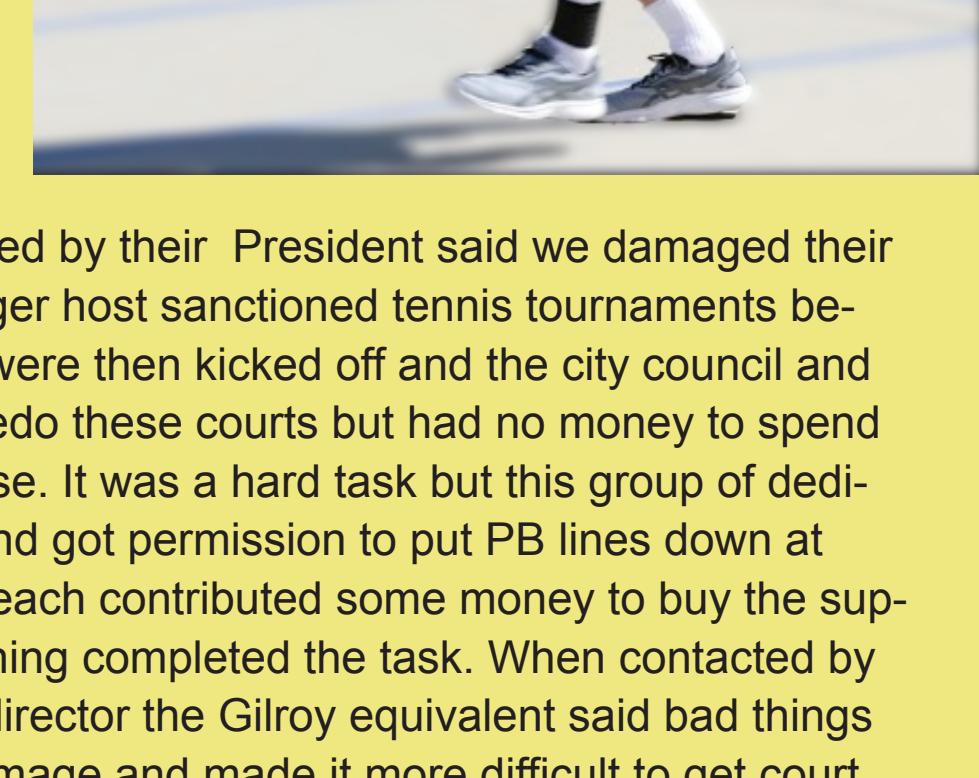
History of Pic



A person is playing pickleball on a court. They are wearing a dark long-sleeved shirt and light-colored shorts. They are holding a blue and yellow pickleball paddle and are in a crouched position, ready to move. The court is made of light-colored wood.

lines for Sunrise pickleball. Prior to Sunrise we played on the two separate courts at Las Animas using taped

courts and they could no longer host sanctioned tennis tournaments because of our play there. We were then kicked off and the city council and Mayor approved funding to redo these courts but had no money to spend on PB overlay lines for Sunrise. It was a hard task but this group of dedicated players pushed hard and got permission to put PB lines down at Sunrise at our expense. We each contributed some money to buy the supplies and on a Saturday morning completed the task. When contacted by the MH Parks & Recreation director the Gilroy equivalent said bad things about PB players and the damage and made it more difficult to get court approval here. But again a small dedicated team (Leo, Rose, Susan, Sherry and myself) continued to push and have had use of court PB overlays on the basketball courts for over 2 years with relatively no incidents. With continued support from the newer club board members 4 new dedicated PB courts will be celebrating their opening in about 3 weeks. So if they are persistent enough eventually Gilroy folks will succeed in doing the same thing though the path may be harder.”

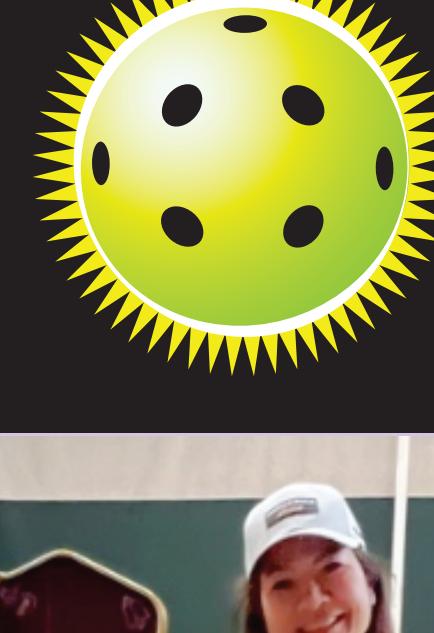


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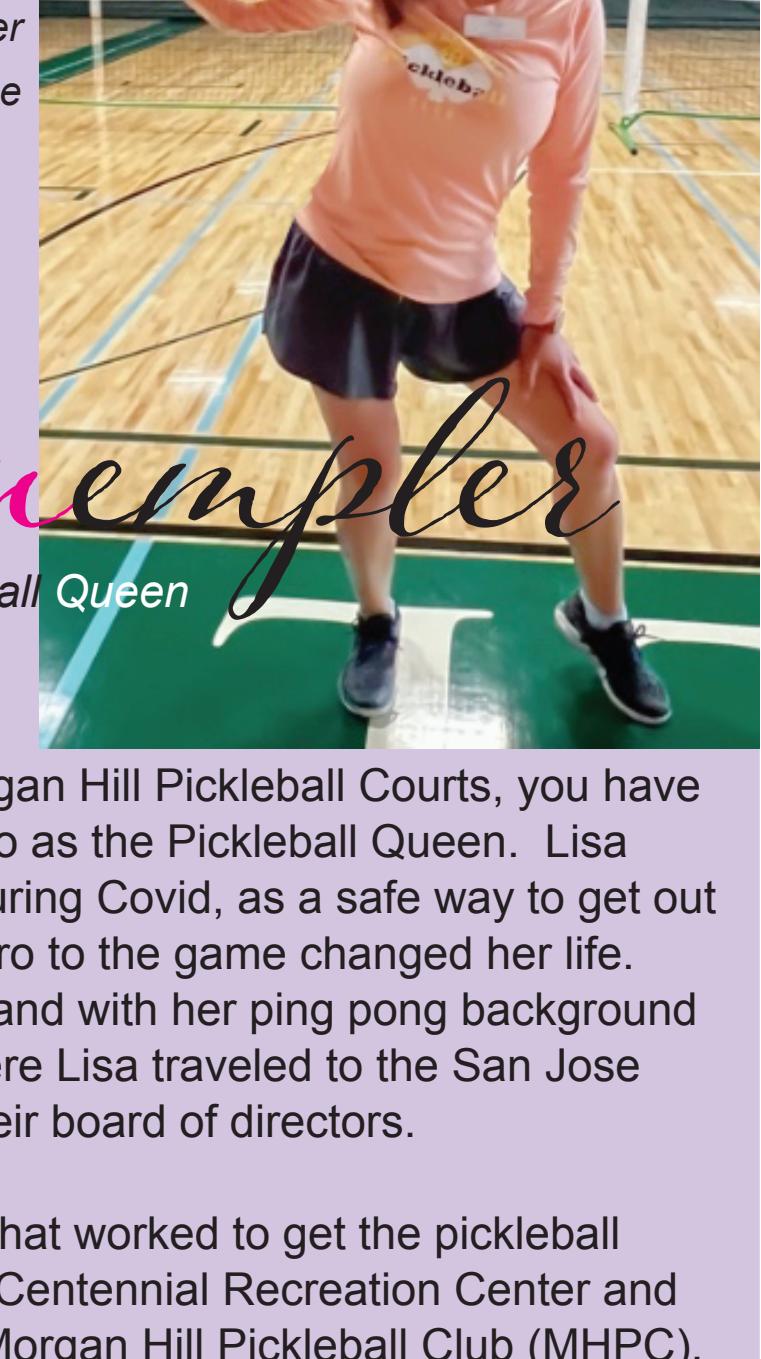


Highlight on our Pickleball Instructor:

As part of our pickleball history, Lisa Truempler was the first Morgan Hill Pickleball Coach. She has been instrumental in bringing newbies, drilling and teaching them the sport both officially and unofficially. Here is her story:

Lisa Truempler Pickleball Queen

By Bev Wiedlin



If you have spent much time on the Morgan Hill Pickleball Courts, you have probably met Lisa Truempler, known also as the Pickleball Queen. Lisa started her pickleball journey in 2020, during Covid, as a safe way to get out of the house. That almost accidental intro to the game changed her life. Lisa's first games were at Eagle Ridge, and with her ping pong background she quickly learned the game. From there Lisa traveled to the San Jose Pickleball Club, where she served on their board of directors.

In 2022, Lisa was part of a small group that worked to get the pickleball overlays on the basketball courts at the Centennial Recreation Center and she served as a board member for the Morgan Hill Pickleball Club (MHPC). When the Morgan Hill Parks and Recreation department hired her as an instructor, she furthered her expertise by becoming a Professional Pickleball Registry (PPR)-certified coach. To date, hundreds of participants have been introduced to pickleball through her classes, myself included.

Lisa's passion is promoting the sport of pickleball, and welcoming new players to the game. She has spent countless hours as an unpaid volunteer teaching the game to newbies, and helping other players enhance their skills.

Lisa is very proud of what she has accomplished, and I am thankful she is helping to build our pickleball community.

Meet the Morgan Hill Pickleball Club

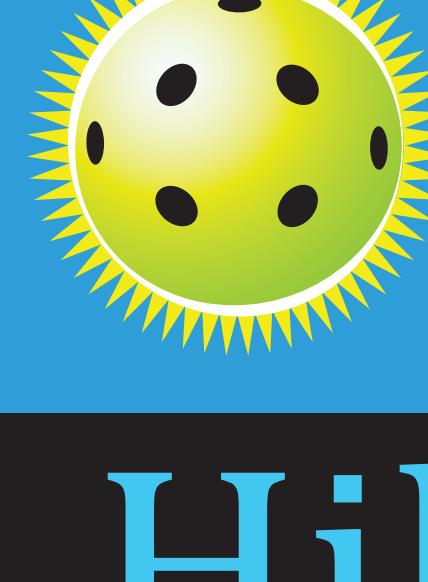
Spice Girls!

By Mimi Dougherty as told by Shirine Fowler



A group of English pickleball players call themselves the Spice Girls. They started off as a group of four: Annette, Sandie, Hayley, and Heather, and needed a fifth to complete the group. Shirine, who had just moved to Morgan Hill in June, with her husband and another couple, on her very first evening in town pulled up in a convertible in front of a Chinese restaurant- Kitchen of Grace, also owned by another Morgan Hill Pickleball player, Cheng Yu. The guys in the back of the convertible M6 BMW were having a difficult time getting out (the back of the car being so tiny), the women who were sitting in the front were laughing. Another woman standing on the sidewalk, Annette, watched all this happen and is laughing along. Shirine explained that they just moved here from England. Annette, excited to hear about another gal from England, immediately asked Shirine if she plays pickleball as they are looking for Posh Spice! Without skipping a beat, Shirine agreed to play and be their 5th Spice girl and they became fast friends, and the rest is history! The other Spice Girls had gotten together the previous day and the very next they met Shirine, their last Spice Girl! The 5 Spice Girls are: Annette, Sandie, Hayley, Heather, and Shirine. All British, super fun and funny!

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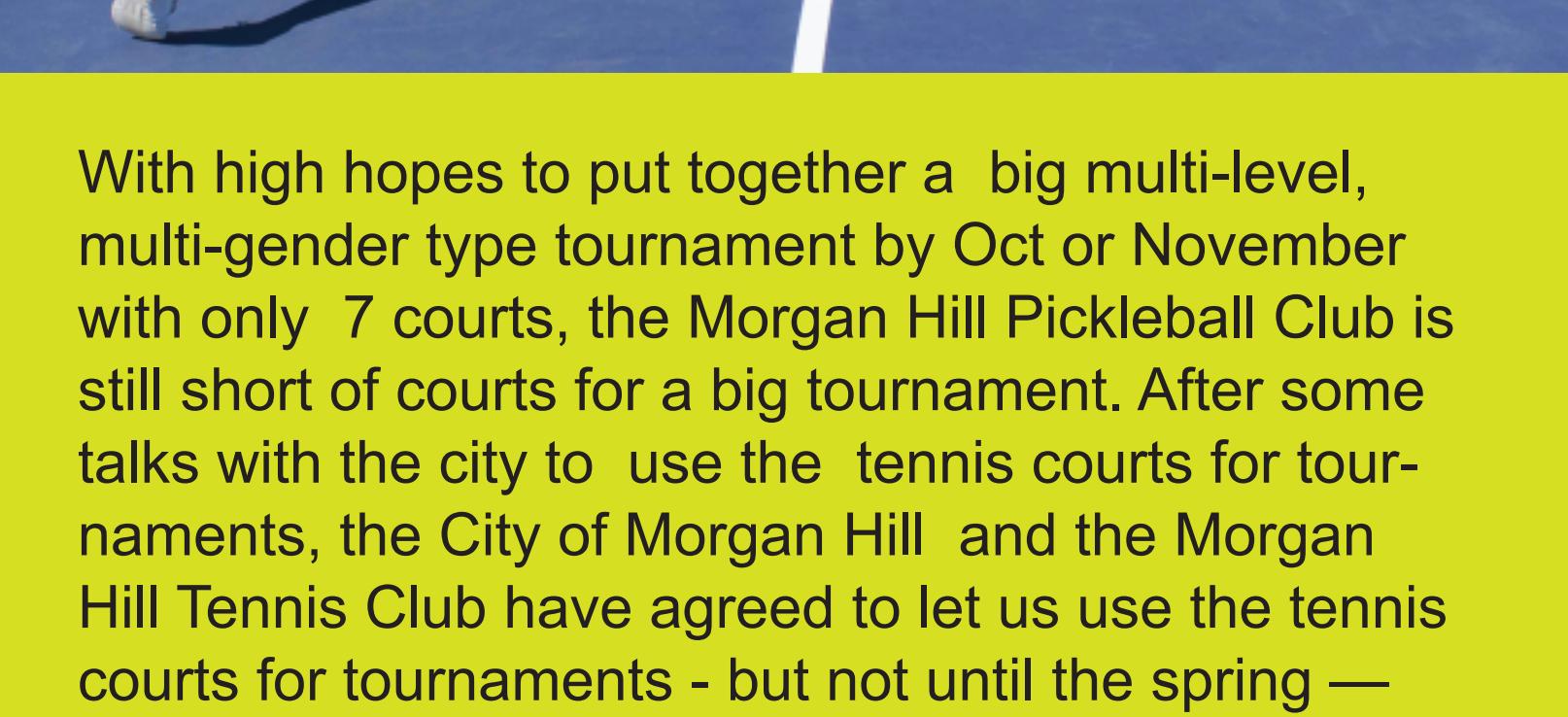


Morgan Hill Pickleball Club Caps & Visors!



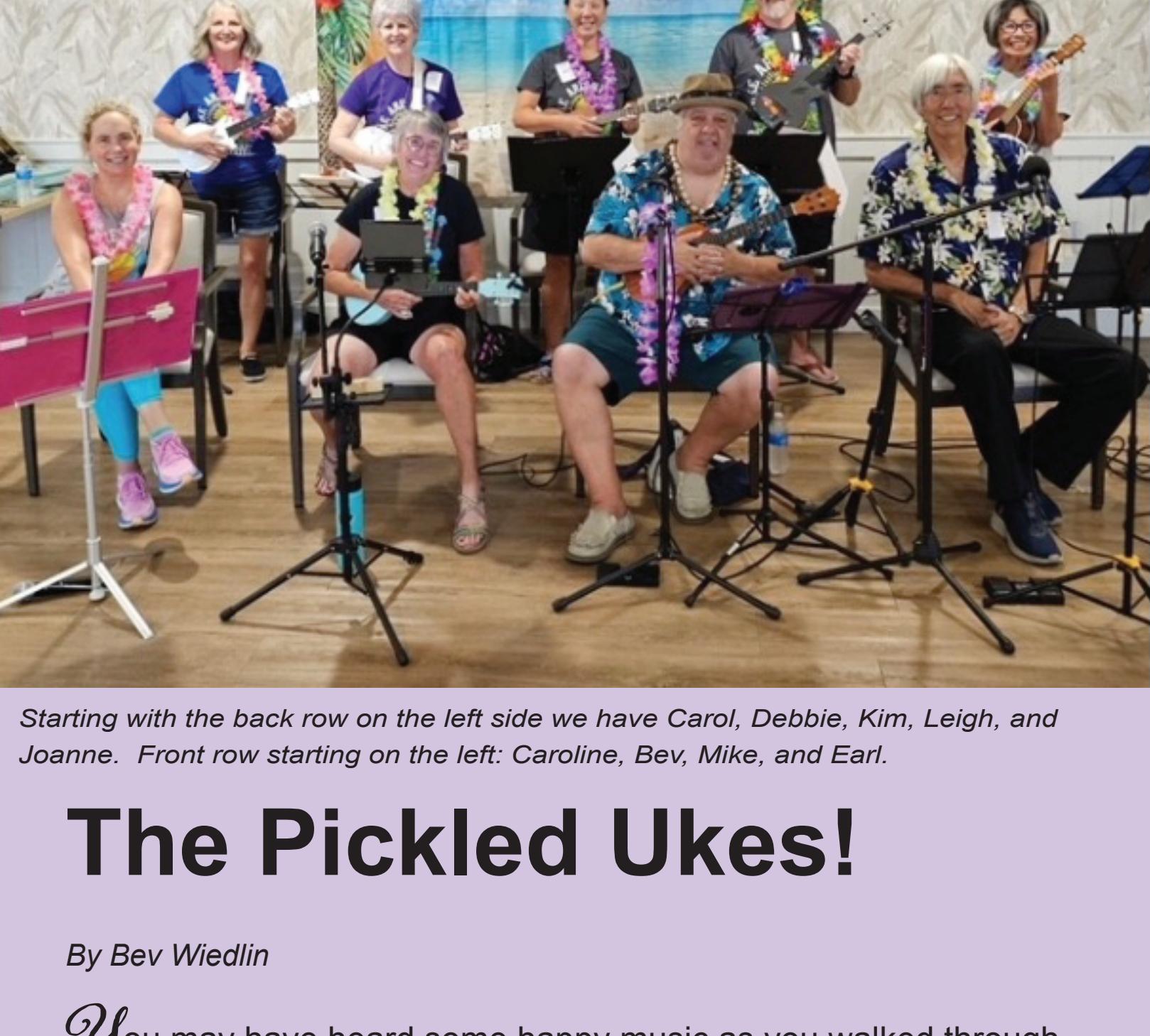
Tournaments Update

By Mimi Dougherty



With high hopes to put together a big multi-level, multi-gender type tournament by Oct or November with only 7 courts, the Morgan Hill Pickleball Club is still short of courts for a big tournament. After some talks with the city to use the tennis courts for tournaments, the City of Morgan Hill and the Morgan Hill Tennis Club have agreed to let us use the tennis courts for tournaments - but not until the spring — after we have proven to the city that we can successfully put on a smaller tournament with the right systems and volunteers in place. So for now we will plan for a more local tournament with our 7 courts. Options exist also to rent courts from the city of Gilroy. With time ticking away and constraints from the city we will have to push our big tournament to the spring. But we are excited to be working with the Tennis Club and the City of Morgan Hill for the use of tennis courts for the next big tournament! This is a big win for the Morgan Hill Pickleball Club! So for now be on the look out for a smaller tournament this fall. Once things are solidified - a separate information flyer will go out.

MORGAN HILL PICKLEBALL CLUB Newsletter



Starting with the back row on the left side we have Carol, Debbie, Kim, Leigh, and Joanne. Front row starting on the left: Caroline, Bev, Mike, and Earl.

The Pickled Ukes!

By Bev Wiedlin

You may have heard some happy music as you walked through the lobby of the CRC, so I would like to introduce you to the Pickled Ukes. We are a group of pickleball players that started playing ukulele after National Ukulele Day. Several of the pickleball players approached me and said they were interested in learning to play the ukulele. We set-up a meeting time and started on our musical journey. On August 3rd we had our first performance at Merrill Gardens. It was a big hit with the residents, and our group was thrilled with the response. We are adding new songs and getting ready for our next "gig". We are currently meeting on Wednesdays, in the CRC lobby at 2:00. If you are interested in joining us to play (beginners are welcome, we'll get you started) or want to come to sing, just stop by. Until then, let the music brighten the world.

Rules Rules Rules & Etiquette! In or Out – You make the Call

By Roy Anderson

Pickleball is a game that requires cooperation and courtesy. A sense of fair play from giving the opponent the benefit of any doubt is essential in maintaining the game's underlying principles of fun and competition. Section 1 of the 2024 USA Pickleball Official Rulebook.

Line calls are the least fun part of a fun game, and competitive people want to win. Does that mean my opponent might win if I give them the benefit of any doubt and call all of their close line calls "in"? Maybe, but the concept of a quality win may help soothe the pain of a loss. A quality win could be defined as winning against equal competition while playing with ethics and good sportsmanship.

So, what are the rules for line calls in recreational games? Here are some excerpts from the rulebook:

6.C.1) Players are responsible for calling the lines on their end of the court.

6.C.3) Any ball that cannot be called "out" will be considered "in." A player cannot claim a replay because the ball was not seen or there is uncertainty.

6.C.4) Spectators should not be consulted on any line call.

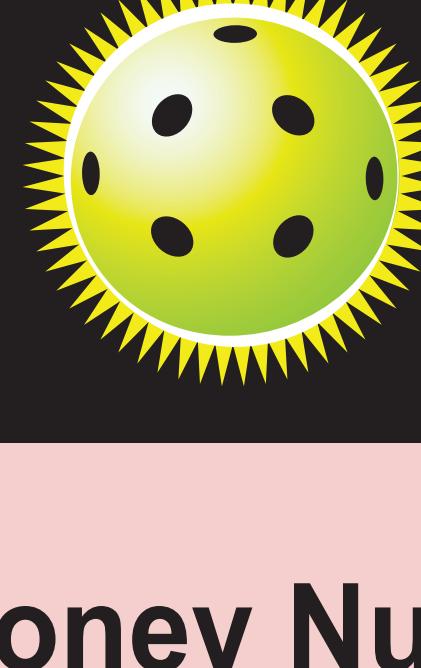
6.C.5) A player/team may ask the opponent's opinion to make the line call on the player's end of the court. If requested and the opponent makes a clear "in" or "out" call, it must be accepted.

6.C.6) Players shall not call a ball "out" unless they can clearly see a space between the line and the ball as it hits the ground.

Use these rules to keep pickleball fun and strive for those quality wins.

Source 2024 USA Pickleball Official Rulebook, usapickleball.org

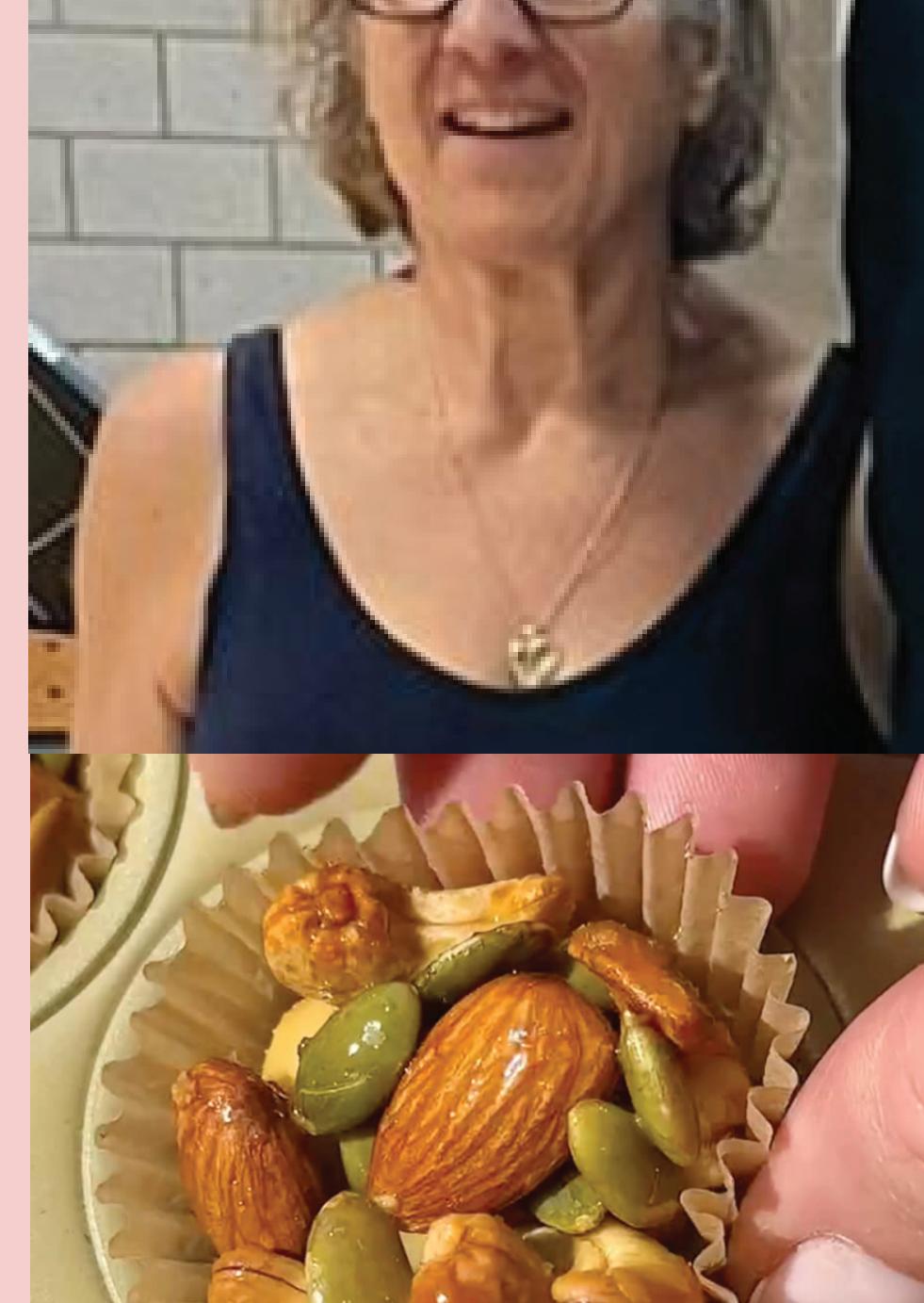
MORGAN HILL PICKLEBALL CLUB Newsletter



Featured recipe from home:

Nature Nates's Honey Nut and Seed Clusters

Our very own Ellen Anderson made these nut clusters for Luda's going away party and they were a big hit! Packed with protein, fiber and healthy fats, these nutrient-rich bites are the perfect sweet & salty snack for before or after pickleball play.



Yield 24 Clusters.

Prep Time 2 Minutes

Total Time 1 Hour

20 Minutes

Ingredients

$\frac{3}{4}$ cup raw cashews

$\frac{3}{4}$ cup raw almonds

$\frac{1}{2}$ cup raw pumpkin seeds

$\frac{1}{4}$ cup Nate's Organic 100% Pure Honey

1 tsp vanilla extract

$\frac{1}{2}$ tsp salt

Directions

Preheat oven to 350°F. Place mini muffin tin or silicone liners into a mini muffin pan.

In a large bowl, mix together all ingredients, making sure all of the nuts and seeds are coated with honey.

Using a spoon, drop small spoonfuls of the nut and seed mixture into the mini muffin cups or silicone muffin tin liners. Pack down the mixture as best as you can.

Place in the oven and bake for 17-19 minutes. Allow to cool completely, about 1 hour, before removing from the cups or liners, which will allow them to firm